

Me at 4 Passport



What I am doing at 4-years old

This book belongs to:



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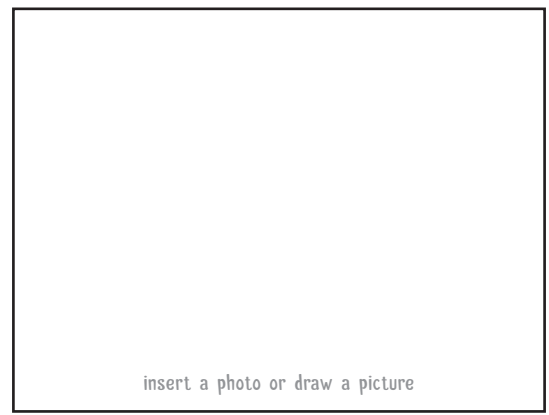


Connecting Community for Kids is collaborating to improve outcomes for children in the City of Cockburn and City of Kwinana. We are made up of members from community, services, local and state governments.

For more information please contact info@connecting4kids.com.au

ABOUT ME

Parent and Child to fill out



insert a photo or draw a picture

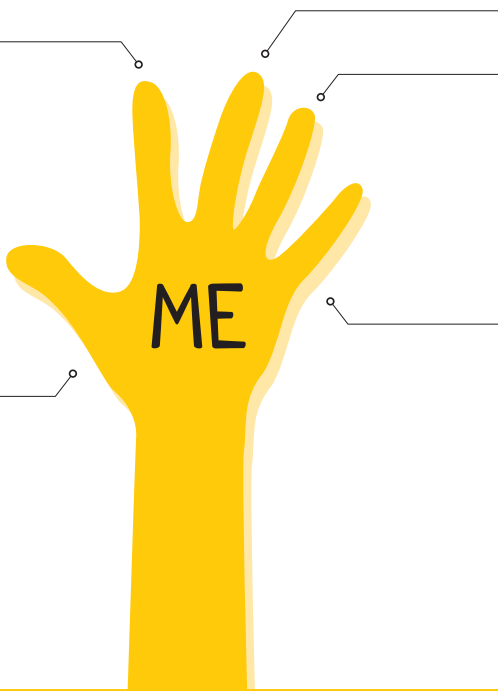
My favourite toy is _____

I enjoy _____

This book outlines the skills that 4 year olds can develop and encourages children and families to work together to meet developmental milestones.

MY NETWORK

When I need help I can ask?



For parents, who you can go to?

Raising Children
Network
raisingchildren.net.au

Your Local
Government Libraries

My childcare,
primary school,
or early learning
educator

My child
health nurse
cahs.health.wa.gov.au

Ngala Parenting Line
08 9368 9368
ngala.com.au

Wanslea Early
Childhood Approach
1300 969 645
wanslea.org.au/programs/early-childhood-approach-eca

Better Beginnings
better-beginnings.com.au

Bright Tomorrows
brighttomorrows.org.au

Look what I can do!

Tick the box when I have done it.

Self Care

I CAN:

Choose clothes
and dress myself

I CAN:

Brush my teeth and put
toothpaste on my tooth brush

I CAN:

Go to the toilet by myself
or with some assistance

I CAN:

Help myself to food and
drinks and feed myself

I CAN:

Wash my hands with soap
and dry them



Look what I can do!

Tick the box when I have done it.

Communication Skills



I CAN:

Speak in sentences
and use many different words



I CAN:

Communicate my wants
and needs to others



I CAN:

Answer simple questions,
when mum and dad ask me



I CAN:

Tell someone about something I
did or repeat a favourite story



I CAN:

Enjoy jokes, rhymes
and stories



I CAN:

Ask lots of questions



Look what I can do!

Tick the box when I have done it.

Cognitive Skills



I CAN:

Understand opposites
(e.g. big/small)



I CAN:

Draw a basic person with
a head, body, arms and legs



I CAN:

Use objects to build things,
(e.g. build a block tower
and puzzles)



I CAN:

Understand the rules of
a game and take turns
when playing



I CAN:

Recognize and match colours



I CAN:

Count objects, up to 10
and recognise some letters



Look what I can do!

Tick the box when I have done it.

Physical Skills

I CAN:

Catch a ball with both hands



I CAN:

Cut paper with child-safe scissors



I CAN:

Draw with a pencil, crayon or texta



I CAN:

Enjoy learning simple rhymes and movement



I CAN:

Jump, run and hop



I CAN:

Pedal a tricycle or bicycle



Look what I can do!

Tick the box when I have done it.



Social/Emotional Skills

I CAN:

Understand when someone is hurt and can comfort them



I CAN:

Give and receive affection and praise others



I CAN:

Play and have fun together with friends and role-play a character



I CAN:

Recognize and show excitement to see certain friends



I CAN:

Share toys with friends



I CAN:

Label if I am feeling happy, sad or angry



